

ABOUT HAVING AN EEG

1. Please arrive 10 minutes earlier than your appointment time to allow for filling in of the necessary forms etc;
2. It is important that your hair be clean and free of any braiding or gels and sprays;
3. Babies and young children who are to be sedated should have their sedation medication at least 45 minutes prior to the appointment time;
4. You will be asked to lie on an examining bed and be made as comfortable as possible. You will then have a strappy silicone cap placed on your head along with small sponge covered electrodes which will be attached to a series of colored wires;
5. You will lie relaxed, with your eyes closed during the EEG while a few activation procedures are performed i.e. flashing lights in your eyes (photic stimulation), and hyperventilation. There is no pain or discomfort during the EEG and no after effects;
6. The procedure will last \pm 30-45 minutes.

If you have any questions please feel free to call Thelma at the EEG laboratory on 031-2041467